

# Head Lice Notice!

Your child may have had contact with head lice on:

During the next 48 hours, please check your child for lice and lice eggs. Check **all other family members**, too.

## What do head lice look like?

Lice are small, brown and about 1/8" long.



The eggs (called nits) are very small and white. And, they are not easy to pull off with your fingers.



## How do I check for head lice?

Look closely on:

- the scalp (where the hair meets the head),
- in the hair,
- around the ears, and
- the back of the neck

## What are the symptoms of lice?

Watch for:

- lots of itching of the head
- eggs or lice on the scalp, hair or neck
- red or inflamed skin near the ears or the back of the neck



## Do lice spread from person to person?

Yes! They spread easily if you have close contact or share clothes, combs, or caps with someone who has lice.

## What do I do if my child has lice?

See your doctor or pharmacist. They will ask you to use a special shampoo.

Follow the instructions on the shampoo package. Then, carefully remove all dead lice and eggs with the special comb that comes with the shampoo.

## Treat your home, too!

- Wash your clothes, sheets, towels and blankets in hot water (at least 130°).
- Put your pillows in a hot dryer.
- Vacuum your rugs, carpets and couches.
- Wash all brushes and combs with the special shampoo, or throw them away.
- Put all stuffed animals in an air-tight plastic bag and leave it sealed for 4 weeks.

## When can my child come back to school?

Not until the lice have been treated and all eggs are removed.

If you discover lice on your child, they may return after they have been cleared by their doctor.

## Questions?

Call:

